

FREE SKATING

Planned Program Content

1 Yueren WANG		CHN	
Coach:	Y. Liu		
Music:	House of Flying Daggers (soundtrack)		

1: 3S+2T	Triple Salchow+Double Toeloop	9: 2A+2T+2Lo	Double Axel+Double Toeloop+Double Loop
2: 3F	Triple Flip	10: SISt	Straight Line Step Sequence
3: FCSp	Flying Camel Spin	11: 2A	Double Axel
4: 3T	Triple Toeloop	12: CCoSp	Change Foot Combination Spin
5: 3S	Triple Salchow	13:	
6: LSp	Layback Spin	14:	
7: SpSq	Spiral Sequence	15:	
8: 3T+2T	Triple Toeloop+Double Toeloop	16:	

2 Binshu XU		CHN	
Coach:	Y. Liu		
Music:	Ashitaka Sekki		

1: 3Lz+2T	Triple Lutz+Double Toeloop	9: 3T+2T+2T	Triple Toeloop+Double Toeloop+Double Toeloop
2: 2A+3T	Double Axel+Triple Toeloop	10: SpSq	Spiral Sequence
3: 3Lo	Triple Loop	11: 2A	Double Axel
4: 3S	Triple Salchow	12: CCoSp	Change Foot Combination Spin
5: FCSp	Flying Camel Spin	13:	
6: 3F	Triple Flip	14:	
7: SISt	Straight Line Step Sequence	15:	
8: LSp	Layback Spin	16:	

3 Mira LEUNG		CAN	
Coach:	Y. Jiang		
Music:	Pianco Concerto 2 and 3 by Rachmaninov		

1: 3Lz+2Lo	Triple Lutz+Double Loop	9: 3Lz	Triple Lutz
2: 3F	Triple Flip	10: FCSp	Flying Camel Spin
3: 2A	Double Axel	11: SISt	Straight Line Step Sequence
4: CCoSp	Change Foot Combination Spin	12: LSp	Layback Spin
5: SpSq	Spiral Sequence	13:	
6: 3S	Triple Salchow	14:	
7: 2A+2T+2Lo	Double Axel+Double Toeloop+Double Loop	15:	
8: 3F+2Lo	Triple Flip+Double Loop	16:	

4 Yan LIU		CHN	
Coach:	L. Yu		
Music:	Why Are the Flowers so Red		

1: 3Lz+2T	Triple Lutz+Double Toeloop	9: FCSp	Flying Camel Spin
2: 3F	Triple Flip	10: SISt	Straight Line Step Sequence
3: 3Lo+2T+2Lo	Triple Loop+Double Toeloop+Double Loop	11: 3S	Triple Salchow
4: LSp	Layback Spin	12: CCoSp	Change Foot Combination Spin
5: SpSq	Spiral Sequence	13:	
6: 3S+2T	Triple Salchow+Double Toeloop	14:	
7: 2A	Double Axel	15:	
8: 3T	Triple Toeloop	16:	

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5 Alena LEONOVA	RUS
Coach: A. Piatova	
Music: La Leyenda del Beso by Raul di Blasio	

1: 3Lz	Triple Lutz	9: FSSp	Flying Sit Spin
2: 3T+2T	Triple Toeloop+Double Toeloop	10: 3T+2A+SEQ	Triple Toeloop+Double Axel+SEQ
3: 3Lo	Triple Loop	11: S1St	Straight Line Step Sequence
4: LSp	Layback Spin	12: CCoSp	Change Foot Combination Spin
5: SpSq	Spiral Sequence	13:	
6: 2A	Double Axel	14:	
7: 3F	Triple Flip	15:	
8: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop	16:	

6 Sarah MEIER	SUI
Coach: E. Fehr, M. Pepperday	
Music: Yellow River Piano Concerto	

1: 3Lz+2T+2Lo	Triple Lutz+Double Toeloop+Double Loop	9: SpSq	Spiral Sequence
2: 3F+2T	Triple Flip+Double Toeloop	10: 2A	Double Axel
3: 3Lo	Triple Loop	11: FSSp	Flying Sit Spin
4: CCoSp	Change Foot Combination Spin	12: LSp	Layback Spin
5: 3Lz	Triple Lutz	13:	
6: 3S	Triple Salchow	14:	
7: S1St	Straight Line Step Sequence	15:	
8: 3S+2T	Triple Salchow+Double Toeloop	16:	

7 Susanna POYKIO	FIN
Coach: H. Poykio	
Music: Selection of Music by Sergei Rachmaninov	

1: 3F	Triple Flip	9: 3S+2T+2Lo	Triple Salchow+Double Toeloop+Double Loop
2: 3Lz+2T	Triple Lutz+Double Toeloop	10: 3T	Triple Toeloop
3: FSSp	Flying Sit Spin	11: S1St	Straight Line Step Sequence
4: 3Lo	Triple Loop	12: CCoSp	Change Foot Combination Spin
5: 3T+2T	Triple Toeloop+Double Toeloop	13:	
6: FCoSp	Fly. Combination Spin	14:	
7: 2A	Double Axel	15:	
8: SpSq	Spiral Sequence	16:	

8 Katrina HACKER	USA
Coach: M. Mitchell, P. Johansson	
Music: Sheherazade by N. Rimski-Korsakov	

1: 3T+2T+2Lo	Triple Toeloop+Double Toeloop+Double Loop	9: CiSt	Circular Step Sequence
2: 3S+2Lo	Triple Salchow+Double Loop	10: 2A+2T	Double Axel+Double Toeloop
3: 3Lo	Triple Loop	11: 2A	Double Axel
4: FSSp	Flying Sit Spin	12: CCoSp	Change Foot Combination Spin
5: 3T	Triple Toeloop	13:	
6: SpSq	Spiral Sequence	14:	
7: 3S	Triple Salchow	15:	
8: FCoSp	Fly. Combination Spin	16:	

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9 Ashley WAGNER		USA	
Coach:	P. Hill		
Music:	Spartacus by Aram Khatchaturian		

1: 3Lz+2Lo	Triple Lutz+Double Loop	9: 3F+2Lo+2Lo	Triple Flip+Double Loop+Double Loop
2: 3S	Triple Salchow	10: 3Lz	Triple Lutz
3: 2A	Double Axel	11: SiSt	Straight Line Step Sequence
4: FSSp	Flying Sit Spin	12: CCoSp	Change Foot Combination Spin
5: 3T	Triple Toeloop	13:	
6: LSp	Layback Spin	14:	
7: SpSq	Spiral Sequence	15:	
8: 3Lo+2Lo	Triple Loop+Double Loop	16:	

10 Laura LEPISTO		FIN	
Coach:	V. Horttana		
Music:	Don Juan de Marco (soundtrack)		

1: 2A	Double Axel	9: LSp	Layback Spin
2: 3T+3T	Triple Toeloop+Triple Toeloop	10: 3Lo+2T+2T	Triple Loop+Double Toeloop+Double Toeloop
3: 3Lz	Triple Lutz	11: CiSt	Circular Step Sequence
4: FSSp	Flying Sit Spin	12: CCoSp	Change Foot Combination Spin
5: 3F	Triple Flip	13:	
6: SpSq	Spiral Sequence	14:	
7: 3Lo	Triple Loop	15:	
8: 3S+2T	Triple Salchow+Double Toeloop	16:	

11 Miki ANDO		JPN	
Coach:	N. Morozov, Y. Monna		
Music:	Giselle by Adolphe Adam		

1: 3T+3Lo	Triple Toeloop+Triple Loop	9: 2A+2Lo+2Lo	Double Axel+Double Loop+Double Loop
2: 3S	Triple Salchow	10: CCoSp	Change Foot Combination Spin
3: 3F	Triple Flip	11: SiSt	Straight Line Step Sequence
4: CCoSp	Change Foot Camel Spin	12: FCCoSp	Fly. Change Foot Comb. Spin
5: SpSq	Spiral Sequence	13:	
6: 3Lz+2Lo	Triple Lutz+Double Loop	14:	
7: 3Lz	Triple Lutz	15:	
8: 3Lo	Triple Loop	16:	

12 Yu-Na KIM		KOR	
Coach:	B. Orser		
Music:	Sheherazade by N. Rimski-Korsakov		

1: 3F+3T	Triple Flip+Triple Toeloop	9: FCoSp	Fly. Combination Spin
2: 3Lo	Triple Loop	10: SiSt	Straight Line Step Sequence
3: 3Lz+2T+2Lo	Triple Lutz+Double Toeloop+Double Loop	11: 2A	Double Axel
4: FSSp	Flying Sit Spin	12: CCoSp	Change Foot Combination Spin
5: 2A+3T	Double Axel+Triple Toeloop	13:	
6: 3Lz	Triple Lutz	14:	
7: SpSq	Spiral Sequence	15:	
8: 3S	Triple Salchow	16:	

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Planned Program Content

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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