

FREE DANCE

Planned Program Content

1 Jiameimei GUO / Fei MENG	CHN
Coach: H. Xi	
Music: Nostradamus by Maksim Mrvica	

1: RoLi	Rotational Lift	9:
2: STw	Synchronized Twizzle	10:
3: SILi	Straight Line Lift	11:
4: CoSp	Combination Spin	12:
5: CiSt	Circular Step Seq.	13:
6: SeLi	Serpentine Lift	14:
7: DiSt	Diagonal Step Sequence	15:
8: CuLi	Curve Lift	16:

2 Xiaoyang YU / Chen WANG	CHN
Coach: H. Xi	
Music: Romeo and Juliet (soundtrack)	

1: STw	Synchronized Twizzle	9:
2: CiSt	Circular Step Seq.	10:
3: CuLi+RoLi	Curve Lift+Rotational Lift	11:
4: CoSp	Combination Spin	12:
5: SILi	Straight Line Lift	13:
6: CuLi	Curve Lift	14:
7: MiSt	Midline Step Sequence	15:
8: RoLi	Rotational Lift	16:

3 Xintong HUANG / Xun ZHENG	CHN
Coach: H. Xi	
Music: Notre Dame de Paris (soundtrack)	

1: SILi	Straight Line Lift	9:
2: CiSt	Circular Step Seq.	10:
3: CoSp	Combination Spin	11:
4: CoLi	Combo Lift	12:
5: CuLi	Curve Lift	13:
6: STw	Synchronized Twizzle	14:
7: DiSt	Diagonal Step Sequence	15:
8: RoLi	Rotational Lift	16:

4 Alexandra ZARETSKI / Roman ZARETSKI	ISR
Coach: G. Chait	
Music: Jesus Christ Superstar by A. L. Webber	

1: RoLi	Rotational Lift	9: Li	Lift
2: STw	Synchronized Twizzle	10:	
3: CiSt	Circular Step Seq.	11:	
4: SILi	Straight Line Lift	12:	
5: CuLi	Curve Lift	13:	
6: CuLi+RoLi	Curve Lift+Rotational Lift	14:	
7: CoSp	Combination Spin	15:	
8: DiSt	Diagonal Step Sequence	16:	

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5 Kaitlyn WEAVER / Andrew POJE	CAN
Coach: M. Gates, S. Bourne	
Music: Dr. Zhivago Suite by Maurice Jarre	

1: CuLi+RoLi	Curve Lift+Rotational Lift	9: Li	Lift
2: CoSp	Combination Spin	10:	
3: CuLi	Curve Lift	11:	
4: CiSt	Circular Step Seq.	12:	
5: DiSt	Diagonal Step Sequence	13:	
6: RoLi	Rotational Lift	14:	
7: STw	Synchronized Twizzle	15:	
8: SiLi	Straight Line Lift	16:	

6 Anna ZADOROZHNIUK / Sergei VERBILLO	UKR
Coach: N. Morozov	
Music: Carmen by Georges Bizet	

1: CuLi+RoLi	Curve Lift+Rotational Lift	9:	
2: CiSt	Circular Step Seq.	10:	
3: STw	Synchronized Twizzle	11:	
4: CoSp	Combination Spin	12:	
5: RoLi	Rotational Lift	13:	
6: SiLi	Straight Line Lift	14:	
7: DiSt	Diagonal Step Sequence	15:	
8: CuLi	Curve Lift	16:	

7 Anna CAPPELLINI / Luca LANOTTE	ITA
Coach: R.Pelizzola, B.Riboldi	
Music: Love Story by Nana Mouskouri	

1: RoLi	Rotational Lift	9: Li	Lift
2: CuLi+RoLi	Curve Lift+Rotational Lift	10:	
3: STw	Synchronized Twizzle	11:	
4: CiSt	Circular Step Seq.	12:	
5: CoSp	Combination Spin	13:	
6: DiSt	Diagonal Step Sequence	14:	
7: SiLi	Straight Line Lift	15:	
8: CuLi	Curve Lift	16:	

8 Jana KHOKHLOVA / Sergei NOVITSKI	RUS
Coach: A. Svinin, I. Zhuk	
Music: Rhapsody on a Theme by Paganini	

1: STw	Synchronized Twizzle	9: Li	Lift
2: SiLi	Straight Line Lift	10:	
3: CiSt	Circular Step Seq.	11:	
4: SiLi+RoLi	Straight Line Lift+Rotational Lift	12:	
5: CoSp	Combination Spin	13:	
6: RoLi	Rotational Lift	14:	
7: DiSt	Diagonal Step Sequence	15:	
8: CuLi	Curve Lift	16:	

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Planned Program Content

9 Tanith BELBIN / Benjamin AGOSTO	USA
Coach: N.Linitchuk, G. Karpanossov	
Music: Tosca by Giacomo Puccini	

1: CiSt	Circular Step Seq.	9: Li	Lift
2: STw	Synchronized Twizzle	10:	
3: RoLi	Rotational Lift	11:	
4: SeLi	Serpentine Lift	12:	
5: CoSp	Combination Spin	13:	
6: SILi	Straight Line Lift	14:	
7: CuLi	Curve Lift	15:	
8: DiSt	Diagonal Step Sequence	16:	

10 Oksana DOMNINA / Maxim SHABALIN	RUS
Coach: N. Linitchuk, G. Karpanossov	
Music: Spartacus by Aram Khatchaturian	

1: STw	Synchronized Twizzle	9: Li	Lift
2: CiSt	Circular Step Seq.	10:	
3: SILi+RoLi	Straight Line Lift+Rotational Lift	11:	
4: CuLi	Curve Lift	12:	
5: DiSt	Diagonal Step Sequence	13:	
6: RoLi	Rotational Lift	14:	
7: SeLi	Serpentine Lift	15:	
8: CoSp	Combination Spin	16:	

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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